Billboard September 20, 2023

Superintendent Information

Superintendent's **Video** Update – New! 9/19/2023 Superintendent Update – 6/1/2023 Strategic District Improvement Plan



School Committee Information

The <u>School Committee</u> welcomes parents and community members to attend School Committee meetings held on alternate Monday evenings at 7:00, unless otherwise posted. Please refer to a meeting's agendas and supporting documents via the town's <u>Document Management System</u>

Upcoming Events...



Westford SEPAC News

Please join the Westford SEPAC for our first general meeting of the 2023-2024 school year. All are welcome to attend. You will have an opportunity to meet with the SEPAC Board of Directors, the SEPAC School Committee Liaison and Westford's new Director of Special Education and Social Emotional Learning. Additionally, we will be discussing upcoming SEPAC events, goals and initiatives for the year, and opportunities for volunteering and getting involved. See Agenda. RSVP is not necessary, but is very helpful for planning purposes. Please register to attend: HERE.

When: Sept 28th @7pm

Where: Millennium Building (behind Abbot School)

Conference Room B 23 Depot Street

If you have any questions, please reach out to the SEPAC at sepacwestford@gmail.com



Public Health Prevent. Promote. Protect. Flu Clinic Schedule Westford Residents Only

The Westford Health Department will sponsor flu clinics on the dates, times and locations listed below. ** Please note that because of limited pediatric vaccine, we request that those under the age of 4 years old receive their vaccine from their MD if possible. All children under 18 years must be accompanied by a parent at all clinics. State supply of vaccine has been greatly reduced so clinics will be held until vaccine is depleted. Please bring insurance information with you to the clinic. We are using a new software called COLOR, you will need to pre-register prior to any immunization clinics. Please reach out to the Health Department at 978-692-5509 if you have any questions. *NEW THIS YEAR: EXTENDED HOURS Two Flu Vaccine Clinics from 4:00pm to 8:00 pm

Regular FLU Clinics:

Thursday, October 12, 2023, Westford Academy Cafeteria 4:00 pm-8:00 pm Tuesday, October 17, 2023, Westford Academy Cafeteria 4:00 pm-8:00 pm

Must pre-register- please visit the link below or click on the QR CODE:

https://home.color.com/vaccine/register/westford?site=westford-academy



Westford Health Department's Newsletter

Please click on the link below to see the programs that the Health Department is providing for this fall/winter 2023. https://www.westfordma.gov/civicalerts.aspx?AID=1763



Habita Nurs Library Northern Library West Library Library Nurse Used Book Sale at the JV Fletcher Library

The Friends of the JV Fletcher Library will hold a Book Sale on **October 20, 21 and 22** in the library's Meeting Room, 50 Main Street, Westford. Friday October 20 is a Friends Members Only preview sale, from 6:30 to 9:00 p.m. Memberships are available online now, or you may join at the door. Saturday October 21 is the Public Sale, from 10 a.m. to 5 p.m. Most items are \$1 or \$2. Sunday October 22 is a Bag Sale, from 2 to 4 p.m. Attendees must purchase a reusable bag for \$10 to enter, and can then fill it with items. (Scanners may not be used on Friday, October 20, but are welcome on Saturday and Sunday.)

The sale will include thousands of gently used books plus CDs, audio books, blu-ray discs, and DVDs. We accept credit card payments in addition to checks and cash. This event is a fundraiser. 100% of the proceeds go directly to the Friends of the JV Fletcher Library.

To join the Friends, visit: westfordlibraryfriends.org/support-the-library
For more information about the Book Sale, visit: westfordlibraryfriends.org/friends-book-sale-october-2023



Friends of East Boston Camps - Fall Gala

The Westford Friends of East Boston Camps are holding a Fall Gala on **September 23rd**, at the Camps, featuring the famous New Black Eagle Jazz Band Hot Four! Music and dancing with a 20's flavor! Catering is by Bianco Caterers, with desserts from Concord Teacakes, and beer & wine included. There will be an auction to name the last Unnamed Trail and to donate the last bench for the bathhouse, as well as a small silent auction. Tickets are limited. Don't miss this fabulous event! www.westfordfriendsebc.org/Events



WEF Family Fun Food Truck Festival!

Westford Education Foundation is gearing up for their annual Family Fun Food Truck Festival! **Sunday September 24th 12-4 at Stony Brook Middle School.** For all information about Westford Education Foundation and WESTFEST 2023 please check out westford.org/wef. We could not do this community event without you! Thank you for your support!

VOLUNTEERS: We are in need of volunteers. Please consider joining us to support our community together on this great event!

FUNFEST: Local clubs, sports teams, organizations and other non-profits are welcome to fundraise with us by hosting a carnival game or activity

SHOPFEST: We still have spots for crafters and venders to sell their goods at our event.

SPONSORS: Work for a local business, consider one of our awesome sponsorship opportunities



Town of Westford Presents Sullivan's Message

Please consider attending the Evening session/Presentation of "Sullivan's Message", sponsored by the Town of Westford. The presentation will take place at Nashoba Valley Technical HS on **Thursday, September 28th from 6:30pm - 8:00pm** in the Performing Arts Center. There is no charge for this event. Visit this link for information on/about Sullivan's Message: https://sullivansmessage.com/



Community Wellness and Health Department Offerings

Adult Mental Health First Aid Training - The town of Westford is offering a free Adult Mental Health First Aid training on **September 28th**, from 9:00 am – 4:00 pm at the Westford Fire Station 65 Boston Road. The Adult Mental Health First Aid training teaches adults how to identify, understand, and respond to signs of mental health and substance use challenges among adults. Please email Nicole Laviolette, Community Wellness Coordinator for questions and to register @ nlaviolette@westfordma.gov

Parent Support Group - Are you experiencing the challenges of parenting a child who may be struggling with their mental health? The Westford Parent Support Group is a safe space to come together and receive caring support, learn skills and receive supportive resources. The group meets the 2nd Thursday of every month from 7-8:30 at the J.V Fletcher Library, Meeting Room, 50 Main Street in Westford. Any questions, please contact Community Wellness Coordinator, Nicole Laviolette, nlaviolette@westfordma.gov or 978-399-2503. Co - sponsored by the Community Wellness and Health Departments.

Community Wellness Assistance – Starting **August 8th**, Westford's Community Wellness Coordinator, Nicole Laviolette, will be available the 2nd and 4th Tuesday of the month from 2:00 – 4:00 PM at the J.V. Fletcher Library, Mary Atwood Room. Get help with mental health referrals, substance use disorder referrals, parenting support resources, and linkages to other town and community resources. No appointment necessary. For questions, please email: nlaviolette@westfordma.gov or 978- 399-2503



Westford Youth Basketball

Registration for the Westford Youth Basketball's programs is now open! Grades K-3, please register here.

Grades 3-12 looking for a fun recreational league, please register here.

Grades 4-8 looking for more competition can register for travel tryouts here.

Assessments will take place the first week of October. Please click <u>here</u> for more information.



WESTFORD YOUTH LACROSSE (WYL) Fall Clinics

WYL is accepting registrations for 2023 Fall Ball Clinics for Boys in Grades 1 – 8. The clinics are ideally suited for returning players from the Spring, but new players are welcome and encouraged to attend. New players are FREE and if you were referred by a friend, that person can enter a lottery to win a FREE WYL Spring registration for 2024. Fall Ball Details:

\$40 per returning player

Sundays, 4:30 - 6 PM at Stony Brook Middle School

September 17 – November 5, 2023 (no clinic Oct 1 due to PLL Academy – see below)

Registration Link for Fall 2023 Boys Fall Ball All players MUST have full equipment.

WYL is also pleased to announce a partnership with the Premier Lacrosse League (PLL) for a one-day PLL Academy Pro Training Clinic on Sunday, October 1st at Westford Academy Trustees Field for both Boys and Girls programs. At least two current PLL Players will be attending with the possibility of more players as attendance grows. The PLL Pro Training will be held in two separate sessions - Grades 1-4 from 1:30-3:00 PM and Grades 5-8 from 3:30-5:00 PM. These sessions are open to both Boys and Girls programs. All attendees MUST wear FULL Lacrosse gear. *This is open to both Boys and Girls programs.* To register, use this link - PLL Academy Training Link - Westford, MA. Westford Youth Lacrosse participants get a 15% discount by using the code WESTFORD15 when registering. Lacrosse is the fastest sport on two feet and one of the fastest growing youth sports in the country. Help spread the word to your friends who may be interested in playing!



Westford Recreation

Rec's WPC After School Enrichment, Grades K-5

Westford Partnership for Children (WPC) After School programs are located at Abbot, Crisafulli, Day, Miller, Nabnasset, and Robinson schools, M-F, from school dismissal to 5:45 p.m. Flexible scheduling options. Enroll at any time.

About WPC - westfordrec.com.

Westford Special Programs: September 25, Yom Kippur Observed - Registration OPEN!

Join us Monday morning, September 25, for apple picking, hayrides, and a corn maze at Brookdale Farm in Hollis, NH. Later, kids will enjoy sports, games, hiking, and a campfire with s'mores at East Boston Camps. Recreation Special Programs offer full-day and full-week programming during school professional development days, parent conferences, certain holidays, and December, February, and April school vacations. Enrollment is open to Westford as well as other surrounding communities.

Register now or learn more at Special Programs - westfordrec.com.

Westford Recreation WPC After School Program Positions Available:

Site Director: Develop and lead after school programs at one of our locations - part-time, benefitted.

Site Leader or Counselor: Support Site Director and after school program, great part-time hours, ages 16 and up.

Interested? Email mcollett@westfordma.gov – we'd love to hear from you!

Learn more at **Employee Opportunities - westfordrec.com**.

Westford Rec Fall Highlights

NEW! Mr. Ben's Light-Up Soccer and Conditioning, grades 3-5. Brighten your night, with illuminated cones, soccer balls, and bracelets, plus our GLOWING instructor, Mr. Ben! Three consecutive Wednesdays, starting **September 27**,

6:45-7:45pm. Check out: Youth Chess Club, Impact Sprints Academy with DJ Brock, Nitehawks Track & Field – Cross Country. Adult programs include Pickleball, BollyX Dance, and CPR/First Aid (9 and up). PLUS Marcus Lewis Tennis (MLTEP). Visit soon for dates and times. Programs - westfordrec.com.



Roudenbush Parent Connection Schedule - Fall 2023

The Roudenbush Community Center is excited to announce the Roudenbush Parent Connection Schedule for Fall 2023 as well as multiple town wide events and classes for Westford students! Roudenbush Parent Connection (formerly known as the Westford Parent Connection) provides parent enrichment, parenting networks, and a focal point to address social and emotional issues that affect today's children. The group's mission is accomplished by offering a variety of parent enrichment programs, speaker events and educational workshops throughout the school year.

<u>September 23 - Fall Town Wide Yard Sale</u>

October 2 - Well Being: Understanding Loneliness, Anxiety & Depression 7-8:30 PM — Want to understand loneliness, anxiety and depression? This is a great starting point!

October 14 – Roudenbus Tour of Westford with Ellen Harde – 1pm to 2:15PM

October 16 - Roudenbush Parent Connection - College Planning for Elementary School kids Parents 7pm - FREE

October 27 – Middle School Happy Halloween Party - 7pm to 9pm

October 29 - Roudenbush Annual Halloween Parade at 10am to 11am

October 29 – Carve For Carson Event at Roudenbush 1pm to 4pm – Proceeds benefit the Sudden Death in Children Foundation (SUDC) and Roudenbush Community Center

Roudenbush Parent Connection presents: <u>Well Being: Understanding Loneliness, Anxiety & Depression</u> Monday, October 2nd 7pm-8:30pm

Want to understand loneliness, anxiety and depression? This is a great starting point!

<u>November 6 - Roudenbush Parent Connection Autism and ABA 101 - FREE</u> <u>November 7 - SAT/PSAT Math Prep Course with Lori Ditto – online 6pm to 8:30pm</u>

We invite you to request postings that comply with our <u>notification regulation</u> by sending requests to the Superintendent's office at <u>cmucci@westfordk12.us</u>