

Dear Stony Brook Families,

Congratulations to our orchestra students for a fabulous concert last night! It was great to see and hear our musicians and recognize how much they have grown in their musical ability over the course of the year.

This coming Monday our basketball teams play Blanchard at Stony Brook. We would love to have students cheering on our teams! The girls' game starts at 3:00 and the boys' game starts at 4:15. If your child is planning to stay after for the game, they will need to be with a teacher after school or return to the building for the game. We will open the doors at 2:45—this was announced to students this morning. We need to be sure that students are supervised by an adult after school, so it is important that they have a plan for either being with a teacher or leaving the building and returning for the game. We appreciate your help with this to keep all of our students safe.

Have a wonderful weekend!

Sincerely,
Allison and Rick

Below is important information for families:

8th Grade Curriculum Night at Westford Academy on 2/15/2024

Please click [HERE](#) for the letter that was sent out to all 8th grade families about the curriculum night at Westford Academy. Students brought home a pink permission slip for their upcoming visit to Westford Academy on the same day during school. That permission slip was due today, but we will accept them next week, as well. We have extra copies in the office, if needed.

8th Grade Field Trip to APEX

The 8th graders brought home a blue permission slip for the APEX trip in June. In order for us to reserve the entire facility for our students, we need to collect permission slips and payment earlier than usual. Permission slips were due today, but if your child forgot to bring it in or lost the slip, we have extra copies in the office and will continue to accept them.

Scholastic Book Fair

The Scholastic Book Fair will happen in the library from February 12 through the morning of February 16. ELA classes will be coming to the book fair for a class during that week so students will be able to purchase books. Your child's digital payment account, called an eWallet, can replace cash if you so want. You can prepare your eWallet in advance of the Fair to make worry-free, cash-free transactions. Families and students can also **shop at our school's Book Fair online**. All orders ship directly to your home, and shipping is free for book orders over \$25. Every online purchase will also benefit our school. Visit our Book Fair homepage to learn more and get started with eWallet and online shopping: <https://www.scholastic.com/bf/stonybrook>

Click [HERE](#) for the link to the flyer with more information.

Three Upcoming Events at Roudenbush for Middle Schoolers

The [XOXO Middle School Dance Party](#) will be held on Friday, Feb 9, from 7 pm to 9 pm. Parents who would like to volunteer to help out can click here for [the sign up](#). Click [HERE](#) for their flyer.

The [Free Family Movie Night “Hop”](#) will be held on Friday, March 8, at 6:30 pm. Please bring your own chair/blanket. Concessions will be available for purchase. Please click [HERE](#) for their flyer.

There is a [MIDDLE AND HIGH SCHOOL AGE POEM CONTEST](#) celebrating Earth Day between March 24 and April 6. The winner will be chosen April 7 and will be featured in their catalog, on their website, on their social media pages, and in their newsletters, and they will receive a \$50 gift certificate. Click [HERE](#) for their flyer.

Empty Bowls Dinner at WA–March 7, 5-7

Westford Academy's National Honor Society is happy to announce our Empty Bowls Charity dinner for Thursday, March 7th from 5-7pm in the WA dining room. This is an excellent opportunity for younger students to come visit Westford Academy and hear how our student leaders are serving our community. We would love to see you there! Please click [HERE](#) to see a short video that some of our high school students created to publicize the event.

Opportunity for 8th Graders to Join FEMA’s National Youth Preparedness Council

The deadline to apply is **March 4**. Click on this link to see an interview with Mr. Ali Zaidi, President Biden’s national climate advisor and senior assistant, at the White House:

https://www.youtube.com/watch?v=3ypQa3YFk_I. **FEMA will host a webinar for potential applicants on Feb. 27, 2024. Join to learn more about the program and how to apply.** The online application is now open, and closes March 4, 2024 at 11:59 p.m. PT. To learn more about the YPC and application requirements, visit [Ready.gov/kids/youth-preparedness-council](https://www.ready.gov/kids/youth-preparedness-council) and visit <https://community.fema.gov/PreparednessCommunity/s/apply-to-ypc> to apply.

Parent Presentation about Substance Abuse at WA in March–Sullivan’s Message

WA is hosting a parent/caregiver presentation on March 20th at 6:30pm in the Performing Arts Center. Blanchard and Stony parents/caregivers are welcome to attend. Click [HERE](#) for a flyer about the presentation. You can also find more information and how to RSVP [HERE](#).

Video Webinars and Recordings to Assist Families

This year WA has a partnership with an organization called Cartwheel, which includes the ability for free attendance at monthly webinars and access to the recordings of those webinars after the initial presentation. The topics include information that many families may find helpful.

Below are links to the recordings of past webinars:

[Five Keys to Parenting Children with ADHD](#)

[Raising Healthy Kids in a Digital World](#)

[Addressing School-Related Anxiety and School Avoidance \(English\)](#)

[How and when to seek mental health support for your child or teen](#)

Here are the topics for upcoming webinars. As registration links and the recorded webinars become available, we will share them with families.

February 6 at 7 pm: "Understanding OCD and tic disorders in children and adolescents"--Click [HERE](#) to register

March 7 at 12 pm: "Breaking generational cycles: Rewriting parenting patterns"

April 3 at 7 pm: "Demystifying Teens: Helping preteens and teens thrive"

May 7 at 7:30 pm: Finding the words: How to effectively speak with kids and teens about suicide and mental health

Massachusetts Partnerships for Youth - Free Resources for Families

Massachusetts Partnerships for Youth (MPY) is pleased to announce its new [MPY Parenting Solutions Library](#). The MPY Parenting Solutions Library is offered at no charge, in partnership with Peace At Home Parenting Solutions, a non-profit located in Mansfield, Connecticut. Peace At Home Parenting Solutions specializes in empowering parents with evidence-based strategies to foster nurturing connections that safeguard their children's mental well-being. These trainings present easy-to-use strategies for long-lasting change. You can also access this through the district website by clicking [HERE](#). The 24 library presentations focus on the topics below. Each presentation includes 10-minute videos and handouts.

**Inspire School Success for Elementary, Middle and High School Students

**Parenting Principles for Progress Not Perfection

**Mental Health Knowledge and Skills

**Support Your Anxious Child Library

**ADHD and Autism: How to Help Your Child Thrive

Attendance - Reporting Absences, Early Dismissals, and Tardies

If your child will be **absent from school, please call the main office at 978-692-2708 and press 1 before 8:30 am to report the absence.

If you need to **dismiss your child early from school, please send in a note with your child on the morning of the dismissal to bring to the main office so they can receive a dismissal slip. A parent/guardian will need to sign the child out at the main office when they pick them up.

If your child arrives at school **after 7:35 am, they need to report to the office to sign in and receive a pass to their class. If your child will arrive **tardy to school after 8:30 am**, please call the main office at 978-692-2708 and press 1 before 8:30 am to report the tardy.

Stony Brook Events Calendar

Throughout the school year we post important events and information on the [Stony Brook Events Calendar](#). This includes holidays and no school days, evening events for families, and after school activities.

Stony Brook's Instagram

If you would like to follow us on Instagram to see what is happening at Stony Brook, please follow us at @sbpanthers.