Translated Copies:

ગુજરાતી અનુવાદ Український переклад 简体中文翻译 Espanol

Dear Stony Brook Families,

The 2nd trimester progress reports have been released in Powerschool today. Please check in your child's account under reports to see their progress in their classes now that it is mid-way through the second semester. If you have a question about a particular class, please reach out to the teacher.

Next week is the Scholastic Book Fair at Stony Brook. All ELA classes will have scheduled times that they attend and students can purchase online. Please see below for information about a digital payment account and how to purchase online. This is a great opportunity for students to get some interesting books and to support the library at the same time.

Roudenbush has a middle school dance tonight—see below for details. We will also be having a Stony Brook dance sponsored by the Student Leadership Council on Friday, March 1. More details will be shared as we get closer to the date.

Have a wonderful weekend!

Sincerely, Allison and Rick

Below is important information for families:

Scholastic Book Fair

The Scholastic Book Fair will happen in the library from February 12 through the morning of February 16. ELA classes will be coming to the book fair for a class during that week so students will be able to purchase books. Your child's digital payment account, called an eWallet, can replace cash if you so want. You can prepare your eWallet in advance of the Fair to make worry-free, cash-free transactions. Families and students can also **shop at our school's Book Fair online**. All orders ship directly to your home, and shipping is free for book orders over \$25. Every online purchase will also benefit our school. Visit our Book Fair homepage to learn more and get started with eWallet and online shopping: https://www.scholastic.com/bf/stonybrook Click <a href="

8th Grade Curriculum Night at Westford Academy on 2/15/2024

Please click HERE for the letter that was sent out to all 8th grade families about the curriculum night at Westford Academy. Students brought home a pink permission slip for their upcoming visit to Westford Academy on the same day during school. If your child has not returned the permission slip, we have extra copies in the office.

8th Grade Field Trip to APEX

The 8th graders brought home a blue permission slip for the APEX trip in June. In order for us to reserve the entire facility for our students, we need to collect permission slips and payment earlier than usual. If your child forgot to bring it in or lost the slip, we have extra copies in the office and will continue to accept them.

Annual Blanchard v. Stony Brook Volleyball Game - Thursday, March 14 at Blanchard

Stony Brook will be defending their volleyball championship from last year on Thursday, March 14, from 3:00-4:30, at the Blanchard School. Our 8th graders and staff will be signing up to compete in some fun competition over the next couple of weeks. We would love it if students could come and cheer on the Stony Brook team. Click HERE for more information. This is a PTO sponsored event and refreshments will be available for purchase outside the gym.

News from the SEPAC

Please join the Westford SEPAC for a virtual presentation, "Navigating the College Search for Those Who Learn Differently." **February 15th @ 7pm.** Guest speaker Ferne Bork, an Admission Director for Landmark College, has presented in schools and organizations across the country. During this presentation she gives students and families the tools they need to find the "right" college and to prepare for a successful transition. Topics include information about what to consider, the questions to ask, the legal landscape, and the wide range of accommodations, supports, and programs that exist in post-secondary education. Join this virtual presentation <a href="https://december/heeps-to-the-presentation-needs-to-the-presenter-needs

Three Upcoming Events at Roudenbush for Middle Schoolers

The **XOXO Middle School Dance Party** will be held **tonight**, **Friday**, **Feb 9**, from 7 pm to 9 pm. Parents who would like to volunteer to help out can click here for the sign up. Click HERE for their flyer.

The <u>Free Family Movie Night "Hop"</u> will be held on Friday, March 8, at 6:30 pm. Please bring your own chair/blanket. Concessions will be available for purchase. Please click <u>HERE</u> for their flyer.

There is a <u>MIDDLE AND HIGH SCHOOL AGE POEM CONTEST</u> celebrating Earth Day between March 24 and April 6. The winner will be chosen April 7 and will be featured in their catalog, on their website, on their social media pages, and in their newsletters, and they will receive a \$50 gift certificate. Click <u>HERE</u> for their flyer.

Empty Bowls Dinner at WA-March 7, 5-7

Westford Academy's National Honor Society is happy to announce our Empty Bowls Charity dinner for Thursday, March 7th from 5-7pm in the WA dining room. This is an excellent opportunity for younger students to come visit Westford Academy and hear how our student leaders are serving our community. We would love to see you there! Please click HERE to see a short video that some of our high school students created to publicize the event.

Westford Youth Basketball Association Fundraiser-Comedy Night 3/9 at Westford Regency

Please Support the WYBA. Back again this year... the funniest night in town! Grab your spouse and/or some friends and have an adult night out all while supporting Westford Youth Basketball! Don't wait until tickets are sold out! It will be on Saturday, March 9, at 7 pm at the Westford Regency Ballroom. Purchase your tickets at: https://registration.teamsnap.com/form/3595. Click HERE for more details.

Parent Presentation about Substance Abuse at WA in March-Sullivan's Message

WA is hosting a parent/caregiver presentation on March 20th at 6:30pm in the Performing Arts Center. Blanchard and Stony parents/caregivers are welcome to attend. Click <u>HERE</u> for a flyer about the presentation. You can also find more information and how to RSVP <u>HERE</u>.

Video Webinars and Recordings to Assist Families

This year WA has a partnership with an organization called Cartwheel, which includes the ability for free attendance at monthly webinars and access to the recordings of those webinars after the initial presentation. The topics include information that many families may find helpful.

Below are links to the recordings of past webinars:

Five Keys to Parenting Children with ADHD

Raising Healthy Kids in a Digital World

Addressing School-Related Anxiety and School Avoidance (English)

How and when to seek mental health support for your child or teen

"Understanding OCD and tic disorders in children and adolescents"--Link will be shared when available Here are the topics for upcoming webinars. As registration links and the recorded webinars become available, we will share them with families.

March 7 at 12 pm: "Breaking generational cycles: Rewriting parenting patterns"

April 3 at 7 pm: "Demystifying Teens: Helping preteens and teens thrive"

May 7 at 7:30 pm: Finding the words: How to effectively speak with kids and teens about suicide and mental health

Massachusetts Partnerships for Youth - Free Resources for Families

Massachusetts Partnerships for Youth (MPY) is pleased to announce its new MPY Parenting Solutions Library. The MPY Parenting Solutions Library is offered at no charge, in partnership with Peace At Home Parenting Solutions, a non-profit located in Mansfield, Connecticut. Peace At Home Parenting Solutions specializes in empowering parents with evidence-based strategies to foster nurturing connections that safeguard their children's mental well-being. These trainings present easy-to-use strategies for long-lasting change. You can also access this through the district website by clicking HERE. The 24 library presentations focus on the topics below. Each presentation includes 10-minute videos and handouts.

- **Inspire School Success for Elementary, Middle and High School Students
- **Parenting Principles for Progress Not Perfection
- **Mental Health Knowledge and Skills
- **Support Your Anxious Child Library
- **ADHD and Autism: How to Help Your Child Thrive

Attendance - Reporting Absences, Early Dismissals, and Tardies

- **If your child will be **absent** from school, please call the main office at 978-692-2708 and press 1 before 8:30 am to report the absence.
- **If you need to **dismiss your child early** from school, please send in a note with your child on the morning of the dismissal to bring to the main office so they can receive a dismissal slip. A parent/guardian will need to sign the child out at the main office when they pick them up.
- **If your child arrives at school **after 7:35 am**, they need to report to the office to sign in and receive a pass to their class. If your child will arrive **tardy to school after 8:30 am**, please call the main office at 978-692-2708 and press 1 before 8:30 am to report the tardy.

Stony Brook Events Calendar

Throughout the school year we post important events and information on the <u>Stony Brook Events Calendar</u>. This includes holidays and no school days, evening events for families, and after school activities.

Stony Brook's Instagram

If you would like to follow us on Instagram to see what is happening at Stony Brook, please follow us at @sbpanthers.