

Dear Stony Brook Families,

Happy New Year! We hope you and your family enjoyed some relaxation and much needed downtime over the break from school. Students arrived back on Tuesday morning excited to see their friends and to get back to their schedules, but not surprisingly it was an earlier wake up than it had been previously for most. We had a strong start as we returned to school and Stony Brook is buzzing with learning activities and engagement.

Below you will find details about the upcoming *Decades Spirit Week* and *Winter Dance* organized by our Student Leadership Council. They are putting a lot of energy into making these events successful, and we hope that all of our students are able to join in for some of the fun.

We hope you have a great weekend!

Allison and Rick

Here is some important information for families:

Spirit Week and Winter Dance - January 17-20

Our Student Leadership Council (SLC) has organized a spirit week leading up to our first dance of the year.

We invite students to dress up for our Decades Spirit Week using the decades listed for each day. *The theme for each day is **anything reflecting the decade** listed below—students are not limited to the ‘tie dye’ or ‘formal’ or any of the other names that the SLC created as the names for the spirit days.*

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| 1/16-Monday MLK Day No School | 1/17-Tuesday <i>Spirit: 60s Tie Dye</i> | 1/18-Wednesday <i>Spirit: 70s Glitter and Sparkle</i> | 1/19-Thursday <i>Spirit: 80s Neon</i> | 1/20-Friday <i>Spirit: 90s Formal</i> <i>Winter Dance 7-9 pm (casual attire expected)</i> |
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On Friday, January 20, we will hold our Winter Dance from 7-9 pm in the gym. The cost is \$10 per student and there will be snacks available for purchase in the lobby outside the gym. This is not a formal attire dance—students may wear any school appropriate clothing they choose to the dance. Pick up is at 9:00 pm on the side of the school where the gym/auditorium is located.

Nurse Office News—Scoliosis Screening Opt In and Physicals for Incoming 7th Graders

To all grade 6-8 parents:

Scoliosis checks for students are no longer mandated because most children are seen on a yearly basis by their pediatrician. If you would like to opt your child in for a scoliosis screening at school, please email Shannon O’Donnell, the school nurse, at sodonnell@westfordk12.us by February 1, 2023.

To all grade 6 parents:

Please send in your child’s physical and immunization records as you take them for physicals. We require up to date physicals and immunization records **prior** to their 7th grade year. Physicals dated September 1, 2022 or after are acceptable. Required immunizations for 7th grade are the Tdap and Menactra.

Washington DC Payments to Capital Tours

If your child is going to Washington DC, and you have not already paid the \$300 deposit to Capital Tours please do so as soon as possible. All families with students attending the trip received an email this week with the invoice for the second payment of \$400, which is due on January 20.

Stony Brook's Instagram and Twitter Accounts

Stony Brook has a new Instagram account that you can follow to see some pictures of what goes on at school, in addition to our Twitter account. Please follow @sbpanthers on Instagram and @SBspanthers on Twitter.

Reminder from DESE

Please click [HERE](#) for a letter from DESE regarding vaccinations.