

The Westford Public School District is committed to providing a school environment that enhances the development of lifelong wellness practices by supporting healthy eating and physical activity.

The school system will:

- engage students, parents, teachers, food service professionals, health professionals, and other interested community members in developing, implementing, monitoring, and reviewing district-wide nutrition and physical activity policies;
- provide curricula, opportunities and encouragement for K-12 students to be physically active on a regular basis;
- sell or serve foods and beverages at school that will meet the nutrition recommendations of the U.S. Dietary Guidelines.
- provide students with access to a variety of affordable, nutritious, and appealing foods that meet the health and nutrition needs of students; will accommodate the religious, ethnic, and cultural diversity of the student body in meal planning; and will provide adequate time for students to eat;
- provide clean, safe, and pleasant settings for students;
- participate in the National School Lunch Program;
- provide Nutrition Education and Physical Education to foster lifelong habits of healthy eating and physical activity, and establish linkages between health education, school meal programs and relevant community services;
- report any single or cluster occurrences or suspected occurrence of a food borne illness immediately to Westford Board of Health and Westford School Committee; act upon such recommendations that may result from review of the reported occurrence(s).

References:

CMR 300.134: Illness Believed to Be Part of a Suspected or Confirmed Cluster or Outbreak

Policy Adopted: September 5, 2006

Policy Reviewed: January 17, 2012

Policy Adopted: March 12, 2012

WESTFORD PUBLIC SCHOOLS