

Billboard

March 15, 2023



Superintendent Information

[Superintendent's Video Update – 2/15/2023](#)

[Superintendent Update – 3/1/2023](#)

[Strategic District Improvement Plan](#)

School Committee Information

The [School Committee](#) welcomes parents and community members to attend School Committee meetings held on alternate Monday evenings at 7:00, unless otherwise posted. Please refer to a meeting's agendas and supporting documents via the town's Document Management System

Upcoming Events...



SEPAC Annual Survey – Open until March 24

The Westford SEPAC, in collaboration with Westford Public Schools Office of Pupil Services, is interested in your feedback as it relates to special education. Our 3rd annual survey allows both the SEPAC and the district to self-reflect on current practices, make improvements, and plan for meaningful SEPAC activities. If you have a child on a 504/IEP, please take a moment to fill out this brief survey, we expect the survey should take less than 10 minutes to fill out. You can access the survey here:

<https://forms.gle/wqRs1B2TdfJHo9pr8> Last year's survey helped us gain some insight into the successes and concerns, and we're looking forward to comparing this year's results to last year to see improvements and additional areas we need to focus on. If you want to see last year's survey findings, check out Survey 2021-2022 School Year results here: <https://drive.google.com/file/d/1YPJ-a-PohwskRYZvb7ebj5LeQyEEq8MH/view?usp=sharing>



Community Wellness – Hosting Super Sparkly Everything

The Community Wellness Department will be hosting Super Sparkly Everything featuring Maria Milagros March 30th 6pm-7pm at the Westford Fire Station 65 Boston Post Rd Westford . Please click the link to access the flyer: Super Sparkly Everything Flyer



Virtual Presentation: Tobacco/Vaping Health Effects and more...

Parents/caregivers please join the Westford Health Department in collaboration with the Northeast Tobacco-Free Community Partnership virtually to learn more about tobacco/vaping health effects, resources to quit, general education and awareness on tobacco/vaping. This presentation is ideal for any adult/parent/caregiver looking to learn more about Tobacco/vaping. This presentation will be recorded for those who won't be able to attend. If you have any questions or would like to register, please email bnash@westfordma.gov. DATE: April 4th, 2023 TIME: 2-3PM REGISTER: By email at bnash@westfordma.gov



Parent Connection – Upcoming Free Events

March 27 - Planning, Admissions and Financial Aid for classes of '24, '25 & '26 parents

April 10 - How To Pay For College for class of 2023 parents

April 17 - Understanding Medicare and Social Security Benefits

May 8 - Emotion Code Seminar - Identify and release trapped negative emotions

May 22 - Preparing For Retirement -What are your plans? Come learn how to make them a reality

All events are FREE and start at 7:30pm - please just let us know you are coming so we can get you a chair!

<http://www.roudenbush.org/>



Youth Mental Health First Aid Training

Youth Mental Health First Aid teaches you how to identify, understand and respond to signs of mental health and substance use challenges among children and adolescents ages 12-18. **WHO SHOULD KNOW ABOUT YOUTH MENTAL HEALTH FIRST AID?**

- Teachers
- School Staff
- Coaches
- Camp Counselors
- Youth Group Leaders
- Parents
- Adults who Work with Youth

WHAT MENTAL HEALTH FIRST AID COVERS: Common signs and symptoms of mental health challenges in this age group, including anxiety, depression, eating disorders, and attention deficit hyperactive disorder (ADHD). Common signs and symptoms of substance use challenges. How to interact with a child or adolescent in crisis. How to connect the youth with help. Expanded content on trauma, substance use, self-care, and the impact of social media and bullying.

DATE: April 3, 2023

TIME: 9AM-4 PM

LOCATION: Westford Fire Department, 65 Boston Road, Westford, MA 01886

EMAIL Registration: bnash@westfordma.gov



Westford Youth Lacrosse

Registration is now open-for FiddleStix Program for Kindergarten age. FiddleStix is a great entry program for Kindergarten age children looking to try something new. No equipment needed. One day per week commitment. No weekends. Go to www.westfordlax.org to learn more and to register for any of the WYL programs. **FiddleStix registration will remain open until March 31.**



Nashoba Youth Hockey

Nashoba Youth Hockey is proud that our players are frequently recognized for their teamwork and good sportsmanship. Interested in joining our hockey family? We are excited to share that plans for the 2023-2024 season are underway! **Player Placements:** In order to ensure that each player is aligned to the most appropriate team, Nashoba Youth Hockey will be conducting Player Placements in March. The schedule is available @ <https://www.nashobahockey.com/>. Pre-registration is required prior to attending Player Placements. Please use the following links to register. [Coed \(Mite – Bantam\)](#) [Girls](#)

Please contact info@nashobahockey.com with Questions



Westford Youth Soccer Student Coaching Volunteer Opportunity

Westford Youth Soccer is looking for high school student coaches for their in-town programs this spring: Kindergarten, Grade 1, Grade 2 Boys and Girls, Grade 3/4 Boys and Girls Rec, and Grade 5/6 Boys Rec. Kids love having a high school student as a coach and it's a fun way to earn volunteer hours. Kindergarten has one combined practice & game on Saturdays; Grade 1, Grade 2, Grade 3/4 Rec, and Grade 5/6 Rec have one weeknight practice and one game on Saturday. We can work to place you with a team that best meets your interests and schedule. Check out the WYSA website to get more info about the age groups or to register as a student coach. Email with any questions: rec@westforyouthsoccer.com www.westforyouthsoccer.com



Programs

Westford Recreation

WPC After School Enrichment with Westford Recreation: Grades K-5

Westford Partnership for Children After School Enrichment program (WPC) provides a safe, engaging, and fun environment for Westford's school children. Located at Abbot, Crisafulli, Day, Miller, Nabnasset, and Robinson. Monday-Friday, school dismissal to 5:45 p.m. Flexible scheduling options.

Register anytime. *Register now or learn more at* [About WPC - westfordrec.com](#).

Westford Special Programs: Next Up, April Vacation (April 18-21)

Recreation Special Programs offer full-day and full-week programming during school professional development days, parent conferences, and December, February, and April school vacations. Enrollment is open to Westford as well as other surrounding communities.

Register now or learn more at [Special Programs - westfordrec.com](#).

Westford Rec Highlights:

Chess Empire Kids Chess Club – starting soon

This chess club emphasizes FUN! Taught by Prathiba Y, an experienced coach and winner of the 2013 and 2014 US Open Women's Championship.

Keep an eye out for these two NEW Spring-Summer Programs:

Knucklebones Ninjas and Lil' Ninjas A blend of strength, skill, flexibility, fitness, and fun - where everyone has an opportunity to excel. For ages 3-5 and 6-8.

Fast Skills Football Designed to teach the great game of football in a safe, non-contact, well-coached environment. For ages 7-9, 10-13, 13-17. **PLUS** Flag Football, Speed & Agility, Nitehawks Track & Field, Marcus Lewis Tennis (MLTEP) and more! *Register now or learn more at* [Programs - westfordrec.com](#).

Westford Rec's Summer Weekly Programs: Seven Weeks of Fun

The following weekly programs offer flexible full-week schedules with early arrival and extended day options:

Summer Beach Party at Destination Exploration: programming just when you need it – at the close of the school year and in mid-August. Ages 4-13.

Kids Club at the Nab: Fast-Paced, fun-filled activities, inside and outdoors, for children at all levels. Ages 4-13.

Destination Exploration at East Boston Camps: Classic summertime activities in a classic summertime setting.

Ages 7-13. Register now or learn more at [Summer Weekly Programs - westfordrec.com](http://www.westfordrec.com)

*We invite you to request postings that comply with our [notification regulation](#)
by sending requests to the Superintendent's office at nmangan@westfordk12.us*