

# SULLIVAN'S MESSAGE

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★ LOVE. LOSS. HOPE. PURPOSE. ★

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THIS PRESENTATION ON SUBSTANCE USE AND AWARENESS WILL BE OFFERED AT NASHOBA VALLEY TECHNICAL HIGH SCHOOL TO ALL WESTFORD RESIDENTS. THE AUDIENCE WILL LEAVE HAVING LEARNED MANY LIFE SKILLS THAT WILL HELP THEM TO MAKE GOOD CHOICES SURROUNDING ALCOHOL, DRUGS AND COPING WITH ANXIETY, DEPRESSION AND MENTAL HEALTH.

FOR MORE INFORMATION ON THE PRESENTATION TOPIC PLEASE VISIT:  
[HTTPS://SULLIVANSMESSAGE.COM/](https://sullivanmessage.com/)

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NASHOBA TECH PERFORMING ARTS CENTER  
THURSDAY, 9/28 AT 6:30PM  
OPEN TO ALL WESTFORD RESIDENTS

