

Westford Academy Athletic Hall of Fame

Welcome

The Westford Academy Athletic Hall of Fame (WAAHOF) Executive Board welcomes all attendees to the eleventh induction banquet! This evening is multi-faceted: reunion, recognition and celebration of excellence, all rolled into one special event. Tonight highlights the induction of nine dominating student/athletes and their superb performances at Westford Academy. As part of the festivities you will meet the 2005-2006 State and New England Champion Cheerleading Team. They are the third female team enshrined into the WAAHOF. A highly accomplished girls' soccer coach that brought the program to prominence that persists to the present day is also being inducted! That dedicated athletic trainer that roams the numerous Westford Academy athletic venues...yes he is being inducted for his commitment to every competing athlete!

Although the focus is on these exceptional student/athletes, highly successful Cheerleading Team, dedicated girl's soccer coach, and irreplaceable athletic trainer, I extend a sincere welcome to all guests, families of inductees, past inductees, and supporters of Westford Academy athletics. We're thrilled you are in attendance tonight. I'm extremely confident you will enjoy the banquet and induction ceremony tonight as we salute the superb achievements of each new inductee. In our presence are school record holders, league Most Valuable Players, all-scholastic recipients, state champions, team captains, and New England champions. They are the "cream of the crop" of the most select student/athletes, leaders, coaches and contributors the Westford community offers!

Each induction ceremony and banquet we honor an individual who, in the estimation of the Executive Board, demonstrates the type of spirit Westford Academy athletics signifies. Tonight that special individual is LeRoy "Roy" Pindara. While employed at Westford Academy Roy coached in the football and wrestling programs. He was a significant reason for their success. After his retirement from the Westford Public Schools Roy contributed to his beloved community by serving on the WAAHOF Executive Board. We dedicate tonight's program and ceremony in the memory of this unique individual. The positive impact he left on the WA and extended community of Westford is celebrated by each of us tonight.

Thank you for joining us this evening. Our next ceremony and induction ceremony is scheduled for October 2020. Watch the local media and Westford Academy Athletics website for the next slate of inductees and how to purchase tickets for this wonderful event.

Go Grey Ghosts!!!

Kevin Regan, Chairperson
Westford Academy Athletic Hall of Fame

Westford Academy Athletic Hall of Fame

Past Inductees—Individuals

- **Carl Anderson**, *Class of 1954*, Football, Basketball, and Baseball
- **Kurt Andjus**, *Class of 1999*, Soccer and Basketball
- **Michelle (Luttati) Andjus**, *Class of 2000*, Soccer and Basketball
- **Chris Antunes**, *Class of 1999*, Cross Country, Indoor Track, and Outdoor Track
- **Carol (Baresch) Belleau**, *Class of 1986*, Field Hockey, Basketball, and Outdoor Track
- **Christopher Bradley**, *Class of 1974*, Football, Basketball, and Baseball
- **Pat Bradley**, *Class of 1969*, Field Hockey, Basketball, and Softball
- **Brett Capone**, *Class of 1983*, Football, Indoor Track, and Wrestling
- **Tracy Capone**, *Class of 1988*, Soccer, Basketball, and Tennis
- **Andrea (Murphy) Chambers**, *Class of 1995*, Basketball and Softball
- **George Chu**, *Class of 1991*, Wrestling
- **Bruce Cobleigh**, *Class of 1970*, Football, Basketball, Outdoor Track
- **Coach Bill Cody**, *1964–2001*, Ice Hockey, Baseball, Basketball
- **Ben Coffin**, *Class of 2000*, Soccer, Basketball
- **Chris Coffin**, *Class of 1968*, Basketball, Outdoor Track
- **Jill Connell**, *Class of 2002*, Field Hockey, Swimming, and Outdoor Track
- **Bill Corr**, *Class of 1965*, Football, Wrestling, and Outdoor Track
- **Francis Courchaine**, *Class of 1952*, Football, Basketball, and Baseball
- **Jim Curley**, *Class of 1985*, Football, Wrestling, and Outdoor Track
- **Tammy Cutrumbes**, *Class of 1993*, Gymnastics, and Outdoor Track
- **John Daly**, *Class of 1957*, Football
- **Jessalyn Deveny**, *Class of 2001*, Soccer and Basketball
- **Bill Doiron**, *Class of 1986*, Ice Hockey
- **Heather (Boyce) Dorval**, *Class of 1986*, Soccer, Basketball, and Softball
- **Al Duffett**, *1974–2009*, Athletic Director, & Coach
- **Beverly (Dumont) Dunigan**, *Class of 1955*, Basketball
- **Peter Dunigan**, *Class of 1954*, Football, Basketball, and Baseball
- **Bob Eliassen**, *Class of 1965*, Basketball and Outdoor Track
- **Kerry Ellis**, *Class of 1977*, Football and Outdoor Track
- **Zach Ellis**, *Class of 2002*, Basketball
- **Chris Fowler**, *Class of 2009*, Cross Country, Indoor Track, and Outdoor Track
- **Kelley Gallo**, *Class of 1983*, Field Hockey, Basketball, Softball, and Tennis
- **Sam Grad** (posthumously) *Class of 2009*, Soccer, Indoor Track, and Outdoor Track
- **Jim Hall**, *Class of 1968*, Football, Wrestling, and Outdoor Track
- **Roger Hall**, *Class of 1965*, Wrestling, Football, and Outdoor Track
- **Liz (Lahme) Hathaway**, *Class of 1985*, Field Hockey, Basketball, and Softball
- **Jonathan Hellstedt**, *Class of 1989*, Soccer, Basketball, and Tennis
- **Bob Herrmann**, *Class of 1963*, Football and Wrestling
- **Kate Hersey**, *Class of 1995*, Soccer, Basketball, and Outdoor Track
- **Kathy (O'Connell) Johnson**, *Class of 1977*, Basketball, and Softball
- **Curt Johnston**, *Class of 1983*, Football, Wrestling, and Outdoor Track
- **Maegan (Vondal) Koelker**, *Class of 2001*, Soccer
- **Kevin Jones**, *Class of 1996*, Soccer
- **Rikki (Girnius) Kveraga**, *Class of 1989*, Basketball, and Outdoor Track
- **Paula (Belinski) (Cronin) Lach**, *Class of 1973*, Basketball, and Softball
- **Peter Lynch**, *Class of 2009*, Basketball and Baseball
- **Bill Martin**, *Class of 1986*, Ice Hockey and Baseball
- **Abby McKeon**, *Class of 2009*, Tennis
- **Paul MacMillan**, *Class of 1964*, Contributor
- **Mark Miller**, Contributor
- **A.J. Millet**, *Class of 2009*, Soccer

Westford Academy Athletic Hall of Fame

Past Inductees—Individuals

- **Coach John Morris**, 1968–2014, Football, Wrestling, Basketball, and Outdoor Track
- **Brian Mulligan**, *Class of 1961*, Football, Wrestling, Baseball, Basketball, and Outdoor Track
- **Mark Mulligan**, *Class of 1957*, Football, Basketball, and Baseball
- **Beth O’Connell**, *Class of 1976*, Basketball and Softball
- **John Pantanella**, *Class of 1985*, Football, Wrestling, and Outdoor Track
- **Don Parent**, 1964, Football, Basketball, Baseball, and Outdoor Track
- **Coach Mike Parent**, 1982–2009, 2012–present Football and Softball
- **Catherine Parker**, *Class of 2004*, Soccer, Basketball, and Outdoor Track
- **Jessica Parrott**, *Class of 2000*, Cross Country, Indoor Track, and Outdoor Track
- **David Pessotti**, *Class of 1994*, Football, Basketball, and Baseball
- **Greg Peterson**, *Class of 1963*, Football, Basketball, and Outdoor Track
- **Sheila Priestly**, *Class of 1994*, Swimming & Diving
- **Jessica (Shaw) Raha**, *Class of 1995*, Cross Country, Indoor Track, and Outdoor Track
- **Kevin Regan**, *Contributor*
- **Roberta (Smith) Rey**, *Class of 1987*, Soccer, Basketball, and Softball
- **Robert Rohlfs**, *Class of 1983*, Ice Hockey
- **Ethan Saulnier**, *Class of 1988*, Swimming
- **Coach Ed Scollan**, 1978–2012, Basketball
- **Owen Scollan**, *Class of 2001*, Swimming
- **George & Phyllis Seddon**, Contributor
- **Ernie Smith**, *Class of 1964*, Football, Basketball, and Baseball
- **Harry Smith**, *Class of 1938*, Basketball and Baseball
- **Coach Chet Steele**, 1958–1972, Football, Wrestling, and Outdoor Track
- **Chadd Steinhauser**, *Class of 2004*– Soccer, Indoor Track, and Outdoor Track
- **Jim Sullivan**, *Class of 1984*, Football and Ice Hockey
- **Paul Sullivan**, *Class of 1990*, Football, Basketball, and Baseball
- **Steven Sullivan**, *Class of 1986*, Ice Hockey and Baseball
- **Coach Cindy Theriault**, 1969–2004, Basketball and Softball
- **Andy Tzikopoulos**, *Class of 1963*, Football, Wrestling, and Outdoor Track
- **Diane Van Derveer**, Contributor
- **Robert Walker**, *Class of 1950*, Football, Basketball, and Baseball
- **Alison Walshe**, *Class of 2003*, Golf and Basketball
- **Bob & Cheryl Werner**, Contributor
- **Ray Yarnall**, *Class of 1955*, Football, Basketball, and Baseball
- **Dana (Kozimor) Zugay**, *Class of 1987*, Swimming and Diving
- **Lee Zwicker**, *Class of 1966*, Football, Wrestling, and Outdoor Track

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Westford Academy Athletic Hall of Fame

Past Inductees—Teams

1928-1929 Westford Academy Basketball Team – Coach Dr. Clifford J. Phelps

V. Swanson, Big John “Pat” O’Connell, Victor Denisevich, Herbert Hunt, John Barretto, Constantine “Coffee” Sudak, Alan Bell, Gilbert Payne, Harold Wright and Harold O’Connell

1955 Football Team – Coach Archambault

Francis Alling, Fred Bohenko, Dennis Courchaine, John Daly, Paul Davies, Doug DeWare, Robert Fraser, John Gagnon, Allen Holmes, Ronnie LaVie, Fred Mancini, Joe McKniff, Phil McLenna, Brian Mulligan, Mark Mulligan, Pat Mulligan, John O’Connel, Anthony Oliver, Dan Provost, Alfred Reeves, Jim Regan, Bill Rogers, Edward Sullivan, Floyd Wheeler, James Wolfenden, Doug Wright

1962-1963 Football Team – Coach Graham, Coach Chet Steele, *Class D Champions*

Bruce Epler, David Valcourt, Bill Corr, Roger Hall, Gerald Oliver, David Bolger, Robert LeGacy, Stephen Britko, Wayne Hoffman, Steve Striebel, W. Wheeler, Jim Hudson, Roger Tuttle, Bob Connolly, Conrad Menard, George Turner, Paul MacMillan, Chris Ryan, Michael Fitzpatrick, Michael Sudak, Ron Hildreth, Gerald

Cassidy, Jack Doucette, Bruce Lefebvre, Peter Sudak, Ernie Smith, Andy Tzikopoulos, Greg Peterson, Don Parent, Rick Bradley, Bob Herrmann, Gary Wilder

1963 Wrestling Team – Coach Chet Steele

Gerald Abrahamson, Rick Bradley, Gerald Cassidy, Bill Corr, Bruce Epler, John Gianoulis, Roger Hall, Bob Herrmann, Wayne Hoffman, Jim Hudson, Robert Legacy, Conrad Menard, George Turner, Andy Tzikopoulos, John Tzikopoulos, Joseph Vadenboncoeur, Dennis Valcourt, Billy Hall, Gary Wilder, Richard Simard

1967-1968 Basketball Team – Coach Tom Gallagher, Asst. Coach Pete Gaudet, Asst. Coach Bill Cody

Class D State Champs

Chris Coffin, Dave Ryan, Jim Caffelle, Bob Checchi, Ray Connell, Billy Law, Brian Healy, Bruce Cobleigh, Frank Gower, Kent Forty, Emerson Green, John Sullivan, Managers Carl Herrmann and Arthur Doucette

1983 Ice Hockey Team – Coach Bill Cody, Asst. Coach Joe Spadano, Assistant Coach Doug Preston

Division II Central MA Champs

Rob Wilkie, Rob Gagliardi, Jim McManus, Tim Drasser, Rob Rohlf, Stephen Holmes, Bill Cook, Mark Priest, Greg Drasser, Bill Richards, Gregg Cerato, Mike Dutton, Jim Sullivan, Jeff Eastman, Dan Murphy, Jeff Jackson, Tom Poulos, Steve Sullivan, Keith Flanagan, Gary Lavelle

1985-1986 Football Team – Coach John Morris

John (Jay) Adams, Jim Antonelli, John Bakke, Jason Belair, Steve Carter, Jim Cogliano, Earl Dawson, Steve Dean, Ken Delaney, Tom Donaghue, Al Dubosky, Steve Dunn, Ramesh Durvasula, Marc Ericson, Tom Gendreau, Greg Hannes, Ed Harrill, Marc Herrmann, John Hickey, Chris Kondos, Kevin Marcinkowski, Jeff Moore, Brian Murphy, Jeff Pantanella, Dan Provost, TJ Rivet, Andrew Ross, Ken Russell, Nick Sansone, Mike Santos, Mike Snowdon, Kelly Sullivan, Mike Ullrich, Larry Weisman, Kirk Welby

1992 Boys Soccer Team – Coach Steve Scanlon, Asst. Coach Chip Bruce

Division II State Champs

Mike DiLeo, Matt Gollwitzer, Mark Gollwitzer, Aaron Ryder, Ray St. Martin, Kevin Jones, Mike McLellan, Paul Davison, Mike Parato, Mike Dagdigian, Brett Hellstedt, Erik Kaled, David Baird, Mike Indorato, Ross Mulkerin, Brendan Clarke, Kevin Menzie, Dewy Webb, Tom McManus, Peter Hebenstreit, Ryan Driscoll, Scott Vlasak

1999 Girls Soccer Team – Head Coach: Jeff Haight, Assistant Coach: Tracy Capone, Assistant Coach: Mark Quattrocchi

Michelle (Luttati) Andjus, Katie (Ryan) Andjus, Bridget McElroy, Kathryn (Donahue) Sapounas, Maegan (Vondal) Koelker, Genevieve (Cullen) White, Jessica Woodward, Jessalyn (Deveny) McNamar, Denise Nicoletta, Kristen (Luttati) Roberts, Alexis Woodward, Betsy Conway, Margaret (Meg) Macumber, Laura (Boudreau) Beals, Dayna (Sateriale) Lederman, Esther Gomez, Jessica Daniels, Kendra Pennington, Cara Healey, Kristy Desilets, Andrea Anselmetti, Mandy Darnell, Kim (Rice) Hoye

2002 Boys 4 x 800 Relay Team

Tom Severo, Travis Smith, Chadd Steinhauer, Shawn Hansbury

2003-2004 Girls Ice Hockey Team – Head Coach Craig Doolittle, Assistant Coach Joe Maduri and Assistant Coach Dave Harrington

Division II State Champions

Cassandra Abbey, Captain Ali Peters, Perri Maduri, Captain Meghan (Hansen) Stephenson, Captain Lindsey Harrington, Elisa LaRoche, Regina Silva, Lauren Donahue, Jaye McLaren, Casey Souza, Captain Jenna Whalen, Arden (Lyons) Boutin, Arris Lyons, Kelleigh O’Neill, Charlotte Huson, Kaitlyn Doolittle



Congrats to the 2018 Hall of Fame Inductees!

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Westford Academy Athletic Hall of Fame

Tribute

Leroy “Roy” Pindara

Tonight we dedicate the Westford Academy Athletic Hall of Fame (WAAHOF) induction booklet to Leroy “Roy” Pindara. Roy was a pillar of the Executive Board, volunteering his skills which strengthened the capacity of the WAAHOF Executive Board. He was a tremendously committed and valued colleague. Roy served the cadre as a highly effective and productive Secretary. His ability to summarize the numerous details of meetings was remarkable. When Roy took a personal leave from the Executive Board, his exquisite record keeping of various artifacts such as induction booklets, meeting summaries, photographs, and addresses sustained our work. Roy implemented the idea of contacting previously inducted individuals with hope of their financial support, as well as the option to attend the upcoming induction ceremony. His mastery of organizational talents left a void in the Executive Board due to his sudden passing in March 2017.

Born, raised and educated in Chicago, Illinois, Roy graduated from Chicago Vocational High School in 1955. In 1956 he enlisted in the United States Navy and proudly served his country until being honorably discharged. In the fall of 1960, Roy enrolled at Iowa State University on a football scholarship, and graduated in 1964 with a degree in Physical Education. Roy completed his Master’s Degree in Education from Wayne State University in Michigan in 1969. He was a teacher and coach at Iowa State University, Dowling High School (Des Moines, Iowa), and Wayne State University, prior to arriving in Westford.

Roy was employed as a Physical Education teacher for 27 years in the Westford Public Schools and successfully served as the Physical Education Department Coordinator, Intramural Coordinator, and Grade Five Camp Coordinator. While teaching at Westford Academy Roy coached football and wrestling. He was the head wrestling coach for eight seasons, and earned Lowell Sun Wrestling Coach of the Year in 1979, as well as the rare distinction of Boston Globe Wrestling Coach of the Year in 1982.



In the spring of 2017 the WAAHOF Executive Board voted unanimously to rename the Westford Academy Student/Contributor Scholarship, to the Roy Pindara Student/Athlete Contributor Scholarship. This tribute to Roy highlights his on-going commitment and love of Westford Academy, Westford Public Schools, and the Westford youth he significantly influenced.

We sincerely thank Roy for his support and passionate service to the Westford Academy Athletic Hall of Fame and Executive Board. His uncommon devotion to the mission of the organization will never be forgotten. Roy’s love for the WAAHOF, and his commanding presence, have been sorely missed, yet his positive impact is acknowledged and applauded. His legacy of caring and giving has fortified the WAAHOF.

Congratulations
to all the
Westford Academy
Athletic Hall of Fame
2018 Inductees

State Representative Jim Arciero



Congratulations
Hall of Fame Athletes!

Colleen Murphy

Beth Paulauskas, Lauren Cusano, Jack Blades, Patrice Chassagnade, Kieran Meehan, Adam McCusker, Angie Jordan

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Bill Bombaci, Contributor

Bill Bombaci has been the athletic trainer at Westford Academy for the past 23 years. Bill was instrumental in initiating concussion screenings for WA athletes. Westford Academy was one of the first high schools in the area to start screening freshmen athletes using a computer screening process to evaluate future head injury events. He developed the Turfburners Speed and Conditioning program; working with athletes in the off-season to help improve their strength and conditioning with the goal of preventing injuries and increasing performance during the season. These well attended sessions are a cornerstone for increased success for Westford Academy athletes as well as their teams.

Bill received both his Bachelor's and Master's degrees from Central Connecticut State University. He credits Mr. Carl Krein and Ms. Kathy Pirog, athletic trainers at Central Connecticut State University, for helping to get him started in the field of athletic training. Today, Bill, a trained professional in all respects, handles the very serious matter of athlete



injuries. This includes daily practice injuries as well as those that occur at home games. He treats and evaluates the injuries and can determine if the care of a physician is recommended.

Bill has developed an extremely effective rapport with both the coaches and athletes at WA. Athletes feel comfortable seeing him for their injuries and find great success as he helps them through the rehabilitation process to return to participation. Bill has mentored many individuals from both the college and high school levels that are interested in the field as a potential career. Bill has also taught Sports Medicine classes to students at Westford Academy. Through his many years in Westford, Bill has developed many professional relationships that have benefited WA athletes.

Bill would like to give credit and thanks to the following: Pediatrics West and Doctors David Watson, Andreas Athanasiou, Joan Eagan and James Sheehy, Pro Sports Therapy with Dr. Ed Lacerte and William Harrington, Merrimack Valley Orthopedics with Doctors Lawrence Johnson, Kevin Malone and Kevin Tomany, as well as Orthopedic Affiliates Doctors Donald Driscoll, John McInnis and Paul Re.

Bill would also like to thank his mother and father, Gloria and Victor Bombaci, as well as his brother Gary, for their continued love and support.

He also thanks his wife Elaine and two sons, Connor and Brian, who have always given their love, support and understanding when Dad had to work. His professionalism, expertise and overall compassion and concern for WA athletes, are a huge asset to the Westford Academy interscholastic athletic program.

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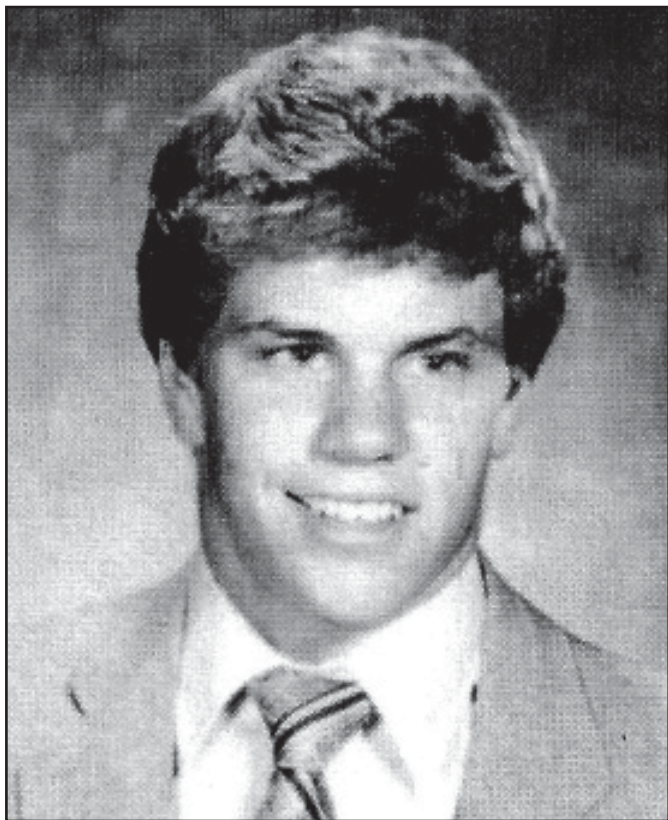
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Tim Donohoe, *Class of 1985*

Football, Wrestling and Outdoor Track



When someone mentions Tim Donohoe, think of three attributes: gifted athlete, teammate personified, and exceptional leadership. Each of his four years in high school Tim participated in three interscholastic sports. Ten of those seasons he lettered as a varsity student/athlete. His positive leadership was acknowledged by his respective coaches, serving as captain for his football, wrestling, and outdoor track squads during his culminating year at Westford Academy.

Tim graced the WA football program as a two-year varsity starter at quarterback and defensive end. In 1984 his passing accuracy resulted in hurling sixteen total touchdown passes which led the Wachusett League. That same year his passing over 1500 yards also led all Wachusett League quarterbacks. As football team captain Tim earned many distinctions as Wachusett League All-Star, Wachusett League co-MVP, Lowell Sun All-Star and Boston Globe All-Star. What an overwhelmingly dominant senior football campaign!

During the four years Tim competed as a Grey Ghost wrestler he excelled in the 107, 134, 140, and 157 lbs. weight classes. As a senior wrestler he earned a trifecta, being crowned the 157 lbs. division champion at the

Westford Invitational, Chelmsford Invitational, and Nashoba Regional Invitational tournaments. That same season Tim was the Central MA Division II sectional champion, third place Central MA Division II state tournament wrestler, Lowell Sun All-Star, Massachusetts All-Star, and Boston Globe All-Star. As team captain Tim was highly instrumental with the success of his 1984-85 wrestling team earning the Central Mass. Division II state championship.

As winter transitioned to spring, Tim was a four-year varsity outdoor track and field participant. He experienced vast success in the pole vault and javelin field events. His final year in spring track he was selected as a Wachusett League All-Star.

After high school graduation Tim matriculated to UMass-Lowell and played Division III football, as well as Division II wrestling. His football accomplishments included: two-year team captain, four-year starting linebacker, four-year team Defensive Most Valuable Player, three-year NEFC NCAA Division III All-Star, and 1989 All-ECAC NCAA Division III Football Team New England Region first team linebacker. His wrestling exploits at UMass-Lowell involved: Springfield Invitation champion, 1988 NCAA Division II Northeast Regionals runner-up, and 1987 Northern New England NCAA Division II champion. Tim continued his education earning an MBA from Boston University. He currently resides in Pepperell, MA.



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James Antonelli, Class of 1986

Football, Wrestling and Outdoor Track

Jim thrived as a participant within interscholastic athletics during eleven of the twelve seasons he donned the Grey Ghost maroon and grey. He was a one-man wrecking crew and undeniable force on championship teams in two different sports. Jim savors the success these two championship teams achieved. The accomplishments of the team were more important to him than his own contribution. He was a disciple of the team concept.

His impact on the gridiron brought the definition of success to a higher level. As a junior Jim started on the offensive line. During his senior football season he excelled as a starter on the defensive and offensive lines. As a senior Jim was a Lowell Sun "Player of the Week" selection after his stellar performance against archrival Oakmont Regional High School, Wachusett League All-Star (defensive line) and recipient of team Most Valuable Lineman Award. Jim is proud of the fact his junior and senior football seasons had a combined record of 18-3. His senior year football team was crowned Division Two Central MA Super Bowl champions after defeating Nashoba Regional 7-6 in a game for the ages. This gifted team was enshrined in the Westford Academy Athletic Hall of Fame in 2014. Jim was a significant reason this Super Bowl team experienced such uncommon success!

During four winter seasons Jim was a dominant grappler. As a four-year varsity wrestler his individual career record was 70-26-2. Wrestling in the 188 lb. division Jim's dominance included: Chelmsford Invitational champion, undefeated 15 straight dual meet matches, Central MA Division II Sectional runner-up, and fourth place finish at the Central MA Division II state level. Due to his commitment to the team and superior leadership qualities, he was named a team captain his final wrestling season. Highlights of his senior wrestling season were: Chelmsford Invitational champion, Gardner Invitational champion, third place at Central MA Division II State meet,



and Central MA Division II sectional champion. At the New England Wrestling Tournament Jim secured a fourth-place finish, upsetting the Division I state champion. A phenomenal record of 30-5 highlighted his senior season. He was proclaimed a Massachusetts Wrestling All-Star for his superb performance.

Employed at Westford Academy since 1993, Jim has exhibited unparalleled leadership in various capacities. He has served as teacher, coach (eighteen different seasons), Dean of Student Affairs, Assistant Principal and Principal since 2007. Jim is also active serving as President of the Dual County League and in various capacities with the Massachusetts Interscholastic Athletic Association. A

member of the original Westford Academy Athletic Hall of Fame Executive Board, Jim's influence in the Westford community, assuming a multitude of responsibilities, has been impressive!



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WA 2005-2006 Cheerleading Team



Front row (left to right): Lindsey (Deschenes) Belknap, Capt. Lauren (O'Keefe) Ross, Capt. Stephanie Mongan, Capt. Ariana Chao, Jennifer (Cusworth) Rothstein, Taylor Lacerte. Middle Row (left to right): Alessandra Forcucci, Lauren Miccile, Monica Martel, Amy Baranauskas, Jessica Huling, Kiley Murphy, Chantele Martin, Mimi (Roper) Kell, Colleen Kelly. Back row (left to right): Danielle Arena, Heather (Gagnon) Engholm, Lindsay D'Angelo, Amy Hulings, Nicole Dee, Erin Shea, Erin (Burton) Reilley, Stephanie VanDam, Tiffany (Welch) O'Keefe, Coach Jamie (Morey) Holmes. Not pictured: Micaela (Repucci) Swenson and Head Coach Josh Vadala

If you were fortunate enough to observe the 2005-2006 Westford Academy Cheerleading Team in action you'd have no doubts each of the team members was extremely athletic. During each of their competitions they demonstrated remarkable concentration and unmatched teamwork. Let those observations leave no unanswered question that cheerleading is a highly competitive and grueling activity.

From 1997 to 2002 the teams worked diligently to bring the reputation of cheering to the level of varsity competition. When the Massachusetts Interscholastic Athletic Association (MIAA) dropped Cheerleading, the Massachusetts Secondary School Association (MSSA) provided direction for the school-based Cheerleading programs. Former WA Athletic Director Bob Conley guided the program to maintain the opportunity to any interested student/athletes. The program made tremendous strides from 1997 with a team of eight participants and two tumblers, to 2005 when each of the twenty-five cheerleaders performed difficult tumbling stunts.

During the 2005-2006 school year the team garnered a record of 8-0 during the fall and winter seasons. Their fall 2005 accolades included a first-place finish in the

Marlboro Invitational, Dual County League champions, North Regional champions, and Massachusetts State champions. Winter 2006 accomplishments involved: Dual County League champions, North Regional champions, Massachusetts State champions and New England champions.

Although this Cheerleading team was a cohesive and unified team there were some individual recognitions. These included DCL All-Stars Ariana Chou and Lauren (O'Keefe) Ross. Head Coach Josh Vadala earned the distinction as MSSA Coach of the Year in 2006. Their contributions were integrated into a team concept with all team members embracing team goals.

Was the 2005-2006 Cheerleading Team accomplished? They were the first Westford Academy Cheerleading team to secure a Massachusetts state championship. If that wasn't enough, the magic generated by this remarkable team commenced a streak of not one, two or three, but four consecutive Massachusetts state championships. Their tremendous achievement culminated in the first time a WA Cheerleading team attained the unthinkable designation of New England champions.

William (Billy) Hall, *Class of 1963*, Wrestling

When Billy Hall arrived home from school one afternoon in the fall of 1958 and told his mother he was going out for the wrestling team, she was strongly opposed. After explaining to his mother that high school wrestling was a legitimate sport, and not the staged matches seen on television, she provided her permission. It would become a highly productive decision, since ten years later, the Hall brothers led by brother Billy, would accumulate six State championships, two New England championships, and eight Sectional titles.



During the early years of wrestling in the Merrimack Valley, the local schools were very good, and often defeated more established squads outside the geographic area. In Westford, Billy was a major reason for the Grey Ghosts success and helped make the Westford team a model for other programs to emulate. A large part of Billy's success was his ability to avoid being taken down, which gave him a decided advantage over his respective opponents.

As a member of the original Westford Academy wrestling

team, Billy made his mark on high school wrestling in Westford and Massachusetts. The wrestling team would only lose two dual meets during Billy's accomplished career with the Grey Ghosts. His positive example was certainly followed by his younger brothers Roger and Jimmy, who would follow in their brother's footsteps and both eventually become state champions.

But it was Billy Hall's senior year on the wrestling team that will long be remembered by Grey Ghosts grappling fans. Billy, one of the pioneers of Westford wrestling, was a catalyst for a team that went undefeated and competed in the Merrimack Valley Tournament where he took top honors. The team advanced to the state tournament where it battled its way to the Massachusetts state championship. Billy placed first in the sectionals for the second consecutive year and was one of Westford's six state champions. In the words of the legendary sports writer Will McDonough, who covered the shocking upset by Westford's young wrestling program, "Westford was able to win thanks to the Hall brothers."

Following high school, Billy married, and was the father of two sons, Chris and Rick, and grandfather to numerous grandchildren. He pursued a career as a heavy equipment operator, and mechanic. Sadly, Billy left us much too soon when he passed away in 1997. Yet his impact on Westford Academy wrestling lives on.

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**Congratulations to all the 2018 Westford
Academy Athletic Hall of Fame Inductees**



VETERANS of FOREIGN WARS
of the UNITED STATES



Caroline (Hellstedt) Bonacci, *Class of 1998*

Soccer, Basketball, and Tennis

Caroline (Hellstedt) Bonacci, excelled in soccer, basketball and tennis. Her overall athleticism is a major reason she was able to be such a dominate athlete. Upon reflection she remembers a comment made by a college coach that she was "very coachable"; and that she was! Carrie was a soccer team MVP, Dual County League All-Star, Lowell Sun All-Star and Boston Globe All-Scholastic in both her junior and senior years. In tennis Carrie earned DCL All-star status her junior and senior years, while also receiving Coaches' Awards in basketball and tennis. A four-year honor roll student and senior captain of her soccer and tennis teams, Carrie was instrumental in providing valued leadership to her teams while setting a superb example in sportsmanship.



teammates and enjoyed the physical contest. Always a sportswoman, she was respected by her teammates, opponents, opposing coaches, as well as officials. Even though she usually played a defensive position, Carrie was also known for scoring many goals, whether by placing strong and accurate shots from well outside the penalty box or by being fearless in the box and scoring on numerous corner-kick headers.

After Westford Academy, Carrie attended UMASS Amherst, doing

something different athletically, securing a place on the crew team. She credits her time at Westford Academy with its strong athletic base and excellent coaching, each contributing to her future success. She currently does some recreational and competitive running, including road races and triathlons. Occupationally Carrie works in the Boston area as a clinical social worker in the area of infant mental health, both in the research and clinical capacities.

While playing soccer at WA, Carrie anchored the defense at the stopper position. She excelled at reading the offensive attack and making defensive adjustments. Her speed, strength and ability to coordinate with her teammates regularly shut down the opposition. This allowed WA to initiate their attack with either skilled passing, or her long ball clearing that typically changed the position of play on the field by at least 50 yards. A very competitive player, Carrie always arrived at practices and games and gave all she had. Although intense at times, Carrie communicated well with all her

Carrie has always had a wonderful sense of family. Her older brothers can probably take some credit for helping with her competitiveness, but this helped her ability to communicate well, making everyone on the team feel a part of something special. Her hard work, dedication and athletic success are truly commendable and worthy of recognition.

Congratulations to All the Inductees!

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Chris Carpenter, *Class of 2004*

Ice Hockey

The usual responsibility of an ice hockey defenseman is a “defense first, offense second” mindset. Chris’ style of play was counter to this prototypical thinking; displaying not only sound defensive execution, but also superior offensive skills. What value his complete game brought to the WA Grey Ghosts!

Chris was a four-year varsity ice hockey letterman. An excellent leader and role model for his teammates, he was selected as a team captain both his junior and senior years. Chris is the answer to the trivia question, “Who was the team captain of the boys ice hockey in WA’s first year playing in Division I in the MVC/DCL?” Leadership is paramount, yet there was much more to his game than that. His 103 career points are pretty impressive, yet when you consider he played defenseman, this accomplishment becomes even more extraordinary. In the history of Westford Academy ice hockey he’s the only defenseman to score over 100 points in their career.

His favorite hockey victory, and best game individually, occurred at dominant Central Catholic his senior season. It was the team’s initial league game as a member of the M.V.C./D.C.L. Division One. WA won 3-2 in a very memorable contest! Chris netted two goals and one assist, scoring the game winning goal with under one-minute remaining to play.



Describing Chris as a highly accomplished player is an understatement. His many significant accolades in his four-year ice hockey career at WA are numerous. It wasn’t just local sentiment that Chris was a superior hockey player. His lengthy list of accomplishments includes two-year team Most Valuable Player, three years selected all-conference player (honors top ten players in D.C.L./M.V.C.), two-year Lowell Sun first team All-Star, and one of top five players in league scoring for three consecutive years (only defenseman in top five, each of the three years).

His fondest memories included interacting with his teammates and coaches. From leaving WA in their cars to shuttle north to Skate 3 in Tyngsboro, locker-room antics, and the ups and downs of winning

and losing, they did everything as a team. Chris considered his teammates, “a great group of guys that turned into life-long friends”. He greatly appreciated the outstanding fan section that made playing very enjoyable!

After graduation from Westford Academy he transitioned to UMass-Dartmouth. Chris competed on the men’s ice hockey team and was a major contributor to the team’s two ECAC championships. Currently Chris is a contributing member of the faculty at Westford Academy. His role involves teaching in the Student Support Services Department.



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Tyler Bloom, *Class of 1999*

Cross-Country, Indoor Track, Outdoor Track

Tyler Bloom accomplished a remarkable four years as a student/athlete at Westford Academy from 1996 to 1999. During those glorious years he literally ran past and away from his opposition.

For twelve consecutive and dominating seasons Tyler competed with great production. As a freshman he immediately made a significant impact by winning many dual meets in cross country and finished 6th at the All League meet. He followed that accomplishment in the spring by placing 12th in the Eastern MA Division II class meet. The following year, he won the All League Meet establishing a course record. He built on that success in the winter by winning the two-mile at the Reggie Lewis Center with a time of 10:06. That spring, he won the DCL League championship in the two-mile, placed 2nd at the Spring Class C meet and created a personal record during the All-State two-mile finishing 6th with a time of 9:45. He was no slouch in his junior year as he excelled in all three seasons, winning the league in the DCL championship races and finishing strong in the state championship races. Injuries hampered Tyler during his senior year in cross country, yet he bounced back in both winter and



spring track winning the winter DCL championship in the two-mile and placing third at the MIAA indoor Class C championship in the mile with a time of 4:33.

When asked about Tyler's influence as a WA student/athlete Coach Paul Poisson exclaimed, "In the thirty years I've coached cross country, Tyler was one of the top five runners I coached."

Tyler earned many accolades during his stellar four-year career. In cross country he was a DCL All-Star for three years, Lowell Sun All-Star for two years, selected as Runner of the Year his junior year, and selected a Boston Globe All-Scholastic member. Each of his four years, during the winter and spring, he was chosen a DCL All-Star. During his senior season he sealed his high school athletic career serving as a three-sport captain and selected as Male Athlete of the Year.

After high school, he attended Merrimack College before transferring to Kent State in Ohio to obtain a Bachelor of Science degree in Electronic Media Production. Tyler is currently employed as an Information Technology Contractor for the Department of Defense. He resides in Lorton, Virginia. Starting tonight Tyler can also call the Westford Academy Athletic Hall of Fame his home.



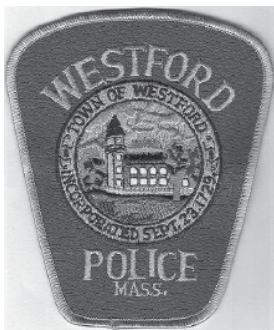
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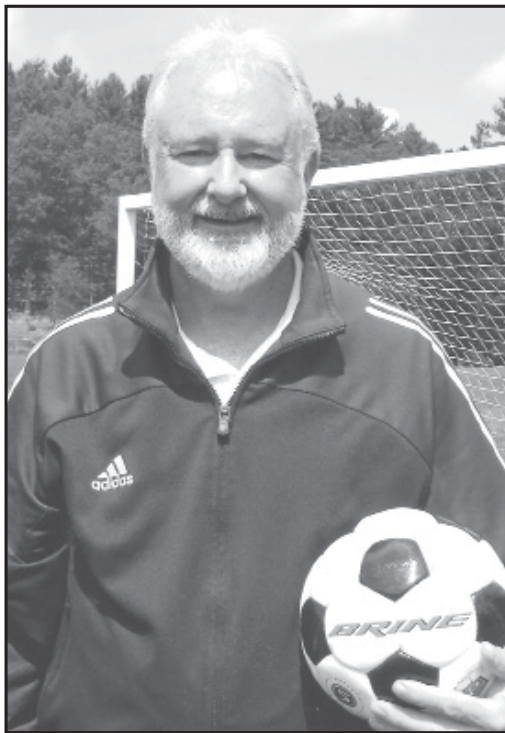
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Jeff Haight, Girls' Soccer Coach

For thirty-five years Jeff was employed as a dedicated science teacher in the Westford Public Schools. He admirably served the school district as the girls Varsity Soccer Coach from 1984 to 1999. Since then Jeff has volunteered his valuable time assisting current Head Coach Tracy Capone. For an impressive thirty-two years Jeff graced the girls soccer program, while accomplishing many amazing feats. During the sixteen years he roamed the sidelines as Head Coach, his teams amassed the phenomenal record of 182-76-46. Honors bestowed on his teams included league championships in the Wachusett League or Dual County League in 1986, 1998, and 1999. In 1999 he coached the North district championship team. His varsity teams qualified for the state tournament fifteen of sixteen seasons.

What would it be like to play on one of Jeff's soccer teams? He established attainable standards and high expectations for his players and challenged them to do their best. The motivational tactics utilized were consistently positive. Jeff genuinely believed in his student/athletes and more importantly sought for them to believe in themselves. He constructively pushed his team members to accomplish more than each player thought possible. His level of commitment and



dedication to the team never faltered. He “walked the talk” with all players, endlessly practicing what he preached. Jeff was a fabulous role model to all he encountered.

Evidence of Jeff's uncommon impact on the girl's soccer program was his selection as Lowell Sun Coach of the Year in 1985 and 1998. In 1999 he was named Division II Boston Globe Coach of the Year. Jeff credits each of his assistant coaches, Westford Youth Soccer volunteers, and the parents of his players for helping to contribute to player development.

Jeff has demonstrated superior leadership in a variety of venues. He assumed the responsibilities of Secretary and Vice President of the Central MA Soccer Coaches

Association. Since 2014 he has been an active and highly contributing member of the Westford Academy Athletic Hall of Fame Executive Board.

Jeff would like to thank his wife Jean for her support during many years of soccer season schedules, his parents for fostering a strong work ethic, and his high school coaches John Degelman, Ed Koehler and Jim McDonnell for their support and guidance as an athlete and for being strong role models. Jeff learned quite well, serving all soccer team members and colleagues as an inspirational role model himself!

Congratulations Coach Haight!

With love from your biggest fan!

Mark Cornelius, *Class of 2011*

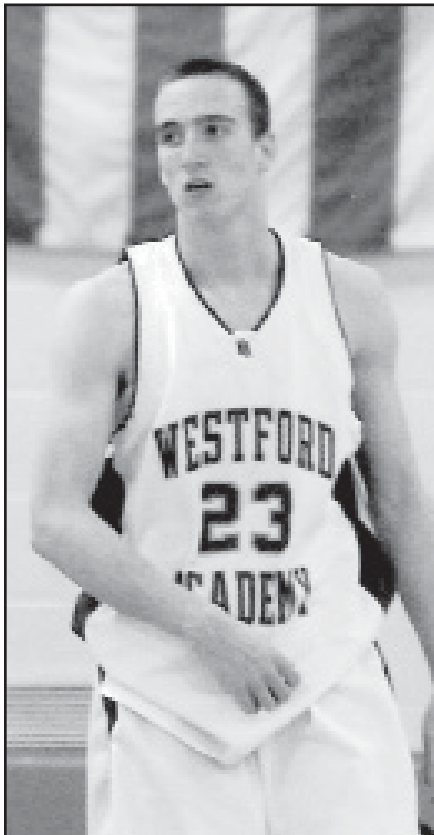
Football, Basketball and Baseball

Mark was an outstanding three-sport student/athlete, achieving significant success in each interscholastic activity. Mark played eleven seasons during his high school career, nine of those seasons at the varsity level, which illustrated Mark's versatility, determination, and athletic ability. Adding to his athletic resume, Mark's leadership became evident being selected captain in two sports (basketball and baseball) by his senior year. This achievement reinforced the confidence and respect that both his coaches and teammates had for Mark.

As a three-year varsity starter in basketball for Coach Scollan, Mark was someone you wanted on your team because of his ability, self-confidence, and calming influence on everyone around him. His individual and team awards are well documented and well deserved, and his senior year was the pinnacle of success. Mark was selected MVP of the Greater Lowell Holiday Tournament, team captain and MVP, Dual County League (D.C.L.) Co-MVP, Lowell Sun All-Star and Player of the Year, selected All-Scholastic for both the Boston Globe and Boston Herald, ESPN-Boston All-Star, Massachusetts Basketball Coaches Association All-Star, Boston Globe Athlete of the Year, and Westford Academy's Senior Male Athlete of the Year. Yet, through it all, Mark never let any of the above interfere with his main focus: team success.

Mark's football and baseball careers are equally impressive. The list of awards and accomplishments continues. His football coach, Rich McKenna, stated that Mark was, "a great kid, a great competitor, and an 'old school' three-sport standout." Whether it was leading the state in touchdown receptions his junior year, helping his team win a D.C.L. title, or continued All-Star recognition (D.C.L. and Lowell Sun) numerous times, Mark was truly something special.

Mark's baseball coach, Cory Roman, was equally impressed and notes that, "Mark is a highly competitive person and brings an unparalleled determination to win



every time he steps on the baseball field." Once again the accolades of D.C.L. title, team captain, three-time D.C.L. All-Star, and leading the D.C.L. his senior year with a 0.74 ERA in pitching, demonstrates the impact Mark had on yet another Westford Academy sport.

After Westford Academy, Mark graduated from the University Massachusetts Lowell (U.M.L.) with Bachelor's and Master's Degrees in Business Administration. While at U.M.L., Mark played four years of basketball for the River Hawks. He started as a "walk-on" in the their Division II program, becoming an integral player as the program transitioned to Division I (America East Conference), ultimately becoming a scholarship player. Mark is currently employed as a Lead Development Representative at Kronos Incorporated in Lowell, MA.

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Brendan Sullivan, *Class of 2013*

Indoor Track and Outdoor Track

Brendan Sullivan is one of the best athletes to ever attend Westford Academy. He is a seven-time D.C.L. champion in the hurdles (indoor and outdoor) and a Division One indoor state champion. His "calling card" was his accomplishments as a three-time DCL champion, eight-time individual invitational champion, two-time Division One champion, two-time All-State Champion and New England Champion in the pole vault. He was an Indoor and Outdoor Track captain for Westford Academy.

Brendan was an exemplary student, person, and athlete. He was a natural leader who knew when and how to apply pressure, as well as when to use charm and personability to bring out the best in himself and teammates. This was evident his freshman year winter season when this great athlete missed landing on the the high jump mat and sustained a concussion. He missed zero practices the remainder of the season as he cheered on his teammates. The spring season his freshman year, he showed much promise as he cleared height after height in the pole vault. Brendan then promptly hurt his back and was again out for the season. The coaching staff feared they had a super talented, yet very fragile young man. This was the last significant injury in his remarkable athletic career.



Brendan is the second Sullivan to put their name in the Westford Academy Track record books. His sister Natalie was a state champion as well. The expectations were high and he exceeded them all. As a sophomore he scored at the Division One, All-State, and New England championships in the pole vault. His junior year he was Division One and All-State champion and New England runner up. His senior year it was "game on". He was undefeated in both the 110m hurdles and pole vault. Brendan won several invitationals with the Weston Twilight offering everything one could imagine: no lights in the pole vault area, so spectators lit the runway and pit by car headlights, in relative darkness Brendan

dug deep and cleared 16'0".... a state record and second best all-time scholastic vault in New England. He followed this feat by winning the Division One and All-State meets, capping that off with a convincing win at the New England Championships meet.

Brendan was a superior student/athlete, culminating high school with admission to Yale University. He continued his track and field career at Yale where he set the Indoor and Outdoor records in pole vault. Brendan was named captain of both teams, an honor bestowed on only one team member per season, a Yale tradition.

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Stephanie Pancoast, *Class of 2006*

Cross Country, Indoor Track, Outdoor Track and Gymnastics

Stephanie was an academic, as well as an athletic all-star, from the first day she stepped into Westford Academy back in 2003. She ran cross country in the fall, indoor track in the winter and outdoor track in the spring. Only during her freshman year in the winter season did she participate in another sport (gymnastics); and excelled in that sport too. Every year she honed her skills achieving many school records (still owns four of the records) at that time; such as the indoor two-mile, indoor one-mile, member of the indoor 4x800 relay team, and putting her gymnastics ability to good use, establishing the school record in the pole vault. She was All-State in the indoor two-mile (2006), third in the All-State meet in the 4x800 relay (2006), and third in cross country (2004). Stephanie had an abundance of talent and was a gifted leader. She was honored with team captaincies for cross-country in 2005 and 2006, indoor track in 2006, and outdoor track in 2006. Stephanie was also a three-time Lowell Sun Athlete of the Year in cross country (2003, 2004, 2005), Lowell Sun All-Star in indoor track (2005 and 2006, Athlete of the Year in 2006) and Lowell Sun All-Star in outdoor track in 2006. She was a Boston Globe and Boston Herald All-Scholastic in cross country from 2003 to 2005 and indoor track during the 2006



season. During her freshman year in gymnastics she was co-MVP and Freshman of the Year. She was named Westford Academy female Athlete of the Year to conclude her senior year.

Upon completing high school at Westford Academy Stephanie attended Cornell University for her undergraduate degree, before transitioning to Stanford to achieve her PhD in electrical engineering. She is presently living in San Mateo, California working as a data scientist for Airbnb for the past three years. She ran competitively between 2010 and 2013, yet experienced recurring back injuries. Most runners would conclude their strenuous activity with such a condition....not Stephanie; she started participating in triathlons at the Olympic and half marathon distances and occasionally hops into a cross country race.

What do Stephanie Pancoast and success have in common?...

everything! We honor her multitude of achievements, leadership qualities and work ethic. The results of her athletic, scholastic and leadership endeavors are remarkable. This evening the Westford Academy Athletic Hall of Fame is pleased to induct Stephanie Pancoast. The decision to honor Stephanie for the numerous accolades she accomplished, was quite simple.

Westford Academy Athletic Hall of Fame

About the Organization

The Westford Academy Athletic Hall of Fame Executive Board maintains by-laws that govern the organization's mission, procedures, and decision-making. Our purpose is to serve as a conduit between the Westford Academy athletic program and the Westford community. We embrace all nominations received as potential inductees. Each nomination is reviewed, discussed, researched, and voted upon.

You are encouraged to nominate a Westford Academy student/athlete, coach, team, or contributor who displayed uncommon excellence at WA. Don't think you need to have all the statistics and details about what made the respective nominee so successful. Once the Executive Board receives a nomination, it will remain active in subsequent years, therefore it eliminates the need for re-nominate. To access a nomination form you can locate this document at: <https://www.westfordk12.us/wa/westford-academy-athletic-hall-fame>.

The expenses the WAAHOF incurs includes: set-up and printing costs of induction booklet, banquet meals, awards, banquet decorations, mailings and postage. If you want to sponsor the WAAHOF, you can send a check payable to: WAAHOF, to: WAAHOF, P.O. Box 926, Westford, MA 01886. Your patronage is sincerely appreciated!

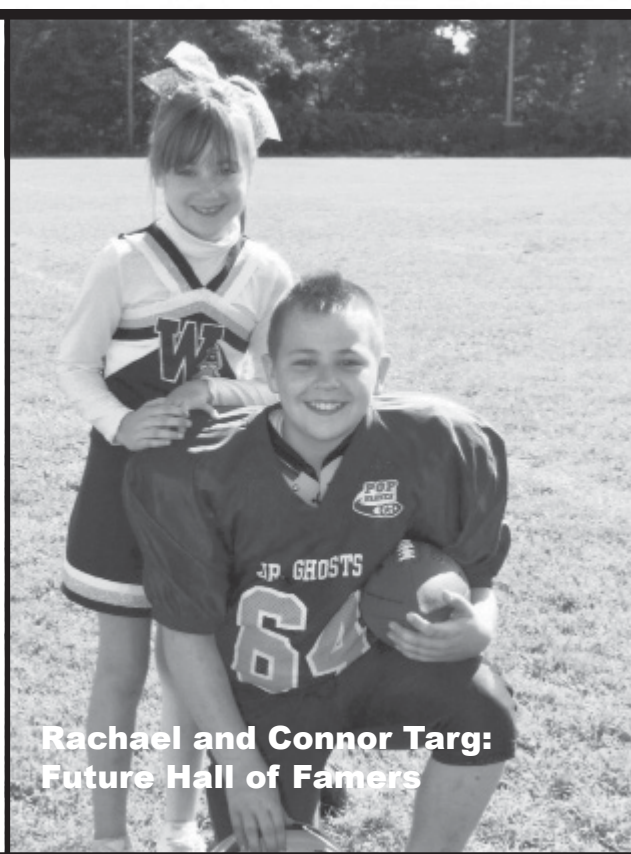
In May 2015 our organization started the tradition of recognizing a WA student who contributes to the WA Athletic program in a most selfless fashion. This recognition, referred to as the Roy Pindara Student/Athlete Contributor Scholarship, is granted to an individual who achieved success, in ways other than superior athletic achievement, on the field, mat, course, court, pitch, ice or track. The past recipients were: Alexandra Clark, Brad Jones, Ryan Delaney, Blake Mazzaferro, and Steven Okuhara.

Be sure to review the highly informative WAAHOF website which is linked to the Westford Academy "Athletics" link. Thank you to Executive Board member and Webmaster Ed Scollan for his willingness to upgrade the website. Don't miss this thorough history of the WAAHOF!

If interested in becoming a member of the WAAHOF Executive Board please contact Chairperson Kevin Regan at email: kevinregan0623@gmail.com. Over a two-year period the time commitment is to attend approximately six meetings; with the possibility of volunteering to work off-line at the WA Holiday Bazaar, write inductee biographies, and other tasks that make the organization so vibrant!

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Inductees**

From
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Westford Academy Athletic Hall of Fame

Executive Board Members

This evening's event is made possible due to the continual effort and dedication of the following Board members. As an organization the Westford Academy Athletic Hall of Fame has been sustained due to the superior work of the following fourteen contributing individuals:

Kurt Andjus	Tracy Capone	Chris Carpenter	Peter Dennechuk
Jeff Haight	Jean Haight	Geoff Hall	Wanda Hall
Paul MacMillan	John Morris	Mike Parent	Paul Poisson
	Kevin Regan	Ed Scollan	

Congratulations to the 2018 Westford Academy Athletic Hall of Fame Inductees

Coach Mike Parent

Coach Ed Scollan